



OKAHU NEWSLETTER

October 2019



As 4th quarter approaches and work gets busier, OKAHU would like to extend our most sincere Thank You for being a part of our organization!



www.OKAHU.org

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Legislative Update



A few Legislative Updates:

1. Take Action & Do your Operation Shout! Tell Senator Lankford to Permanently Repeal the Cadillac/Excise Tax.
2. HB 2632 ACT Implementation Update: Emergency Rules on this PBM bill are being filed. Bill is effective 11-1-19. Permanent Rules out in Spring 2020.
3. Short Term Medical Regulation is effective 11-1-19. Plans will renew for up to 3 years.
4. Medicaid Expansion ideas are evolving from work at the Legislature and Governors office. Hospital Association continues to work on their ballot for the vote of the people in 2020. Stay tuned!



A Note from Janet Trautwein....

For many years, the NAHU **Education Foundation** has been making it our mission to help consumers and communities access and afford high-quality healthcare. It is with great enthusiasm that we make the leap further into the digital world.

We have redesigned and relaunched our website (www.nahueducationfoundation.org) with dynamic new resources and content, including a **Mental Health Corner** with tools including help to find a therapist or clinical trial, prescription drug assistance and an emergency line and self-help information. Our new [Mental Health Corner Video](#) highlights many of the resources on the website as well as tools to help individuals and their families struggling with mental health issues.

Did you know that September was National Suicide Prevention Month? Suicide statistics are startling:

- Around 44,000 Americans die by suicide each year.
- There are an estimated 1.4 million attempts every year.
- The rate of suicide is highest in middle-aged white men.
- On average, there are about 129 suicides every day.

The NAHU Education Foundation believes these troubling statistics are part of a larger, problematic portrait of mental health in America. This is why we created the new **Mental Health Corner** on our website.

Many individuals in our communities suffer silently from a variety of mental health issues. We know that brokers are at the heart of communities across the country. We encourage you to re-post the [Mental Health Corner Video](#) on your social media platforms to help spread the word in your communities among your friends, neighbors and clients.

We are thrilled to be able to build a digital community on social media and through our website with fact-based information and tools to help Americans access and afford high-quality healthcare.

We plan to periodically update and expand the **Mental Health Corner** over time. Please let us know your thoughts as we continue to evolve.

Thank you!

Janet Trautwein

Membership

Welcome New Members!

Robbyn Brooks
Employee Benefit Advisors, Inc.
Robbyn@ebainsure.com
405.310.2040



Know someone who should join our Association? Bring them and their first lunch is **FREE!**

SAVE THE DATE

October 10, 2019

11:30 AM

OKAHU Monthly Mtg

CE: Group Plan vs. Medicare Plan

November 14, 2019

11:30 AM

OKAHU Monthly Mtg

Medicare for All & the 2020 Election Webinar

December – No meeting

January 9, 2020

11:30 AM

OKAHU Monthly Mtg

2 Hour Ethics

Remember to "Friend" and "Follow" us on social media!



Facebook: [okchealthunderwriters](#)



Twitter: [OKAHU_HealthUW](#)



Instagram: [okchealthunderwriters](#)



LinkedIn: [oklahoma-city-association-of-health-underwriters](#)



Meetings



September “Benefits Technology” Certification Class

Thank You to everyone who participated in this class! Don't forget to sign into your NAHU account and take the test to earn your Benefits Technology certificate!

Upcoming Meetings

October – Stay on Group plan or go on Medicare

November – Medicare for All & the 2020 Election Webinar

December – No meeting *Happy Holidays!*

January - 2 hour Ethics

Meeting Info

WHEN: 2ND Thursday of each month

WHERE: Quail Creek Country Club
3501 Quail Creek Road, OKC, OK 73120

WHY: Education, CE credits, Professional Development,
Socialize with Peers & Corporate Sponsors

2019 Lunch Prices

Members \$25

Non-members \$50

(or \$26 / \$52 charge for credit cards)

How to Register Online:

www.okahu.org

- > Click Red **Login** box
- > Enter your email & password
- > Click **Meetings** in the top header
- > Click Red **Register Now** button

OR

- > On the Email, Click **Register Now** button
- > Enter your email & password

Public Service

Play "Korral the ACE" at our monthly luncheon and take a chance on creating a win/win for you and the OK Kids Korral!"

\$1 = 1 ticket

If your ticket is drawn, you get to pull a card from the remaining stack. If you pull the ACE, you win half the pot & the other half goes to OK Kids Korral!



Awards

Have you noticed the new **AWARD** ribbons on our website?

Our OKC Association is doing *AMAZING*!

A big “Thank You” and “Kudos” to our Board Members for taking extra steps to help our Association meet certain criteria to win awards. We appreciate your hard work and dedication!

We proudly display them on our homepage!



DID YOU KNOW.....

Corporate Sponsors can contribute to this newsletter? OKAHU appreciates the support of our sponsors and offers many benefits to them, including the opportunity to submit educational articles to improve our knowledge of the sponsor’s business, products, or services.



Business Address:
PO Box 12146
Oklahoma City, OK 73157

OKAHU is a non-profit organization dedicated to serving the public by promoting activities and ethical conduct of members through communication, continuing education and increasing industry knowledge. OKAHU members also work to monitor and influence and activities of the state and federal legislatures. We work hard to protect the health care consumer’s future.

Annual Partners

Our Corporate Sponsors are now referred to as “Annual Partners”.

Our Annual Partners play a significant role in our Association and we truly appreciate their support and partnership!



Interested in Becoming an Annual Partner?

The Annual Partnership program with OKAHU provides the opportunity for your business to advertise your products and services to our membership throughout the year. The Oklahoma City Association of Health Underwriters monthly meetings and spring symposium will be filled with critical content to help the members of our organization assist in the ever changing landscape of Employee Benefits. This is a perfect time for your company to consider becoming an Annual Partner.

Effective January 1, 2020 our Annual Partnership opportunities will have multiple partnership options to choose from. We are introducing Platinum, Gold, Silver, and Bronze tiers allowing you to choose what type of partnership best fits your needs and budget. If you are interested in being an Annual Partner for the year 2020, please complete a form and contact Megan Hutton at megan.n.hutton@icloud.com.

Thank you to our current Annual Partners! We will be contacting you soon with additional information, and we hope to continue our partnership with you in 2020!

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Annual Partners 2019-2020



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Annual Partners 2019-2020



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